

Sunday

Monday

Tuesday











Wednesday

Thursday

Friday

Saturday

May 2025

<p>May the 4th be with you! 4</p> <p>10:00 TFP Church Service (AR) (All denominations welcomed)</p> <p>11:15 Exercises (ML)</p> <p>2:30 Movie Matinee: Rogue One: A Star Wars Story (ML)</p>	<p>Cinco de Mayo 5</p> <p>9:45 Fitness Fun and Guided Meditation (AR)</p> <p>10:30 Mexico City Travelogue (ML)</p> <p>2:30 Cinco de Mayo Festival (ML)</p> 	<p>Nurse Appreciation Week 6</p> <p>9:30 Exercises and Fall Prevention (ML)</p> <p>10:30 Name that Tune (ML)</p> <p>2:30 Bingo (PDR)</p> <p>**Mix & Match Vendor**</p> <p>3:15 Spring Concert by Scarborough Village Singers (ML)</p>	<p>7</p> <p>9:30 Exercises and Fall Prevention (ML)</p> <p>10:30 Tai Chi (AR)</p> <p>2:00 DIY Fascinators (ML)</p> <p>2:30 Butterfly Journaling- Meet our Caterpillars (Café)</p> <p><i>AR booked by Scarborough Games Contract Bridge Match 12-4pm</i></p>	<p>8</p> <p>9:30 Exercises and Fall Prevention (ML)</p> <p>10:30 Butterfly Yoga (AR)</p> <p>1:30 Knitting Club (ML)</p> <p>2:30 Mother's Day High Tea (ML)</p> 	<p>9</p> <p>9:30 Exercises and Fall Prevention (ML)</p> <p>10:30 Line Dancing (Standing) (ML)</p> <p>2:30 4th Floor Wine and Cheese</p> <p>**Rouge Valley Quilters Sale**</p>	<p>10</p> <p>9:45 Seated Dance Exercise (AR)</p> <p>10:30 SCFC Church Service (AR)</p> <p>1:30 K&D Melodees (ML)</p> <p>2:10 Bingo (AR)</p> <p>9:00 Blue Jays Game (ML)</p>
<p>Mother's Day 11</p> <p>10:00 TFP Church Service (AR) (All denominations welcomed)</p> <p>11:15 Exercises (ML)</p> <p>2:30: Movie Matinee: Imitation of Life(1959) (ML)</p> <p><small>Mother's Day National Skilled Nursing Care Week</small></p>	<p>12</p> <p>9:45 Fitness Fun and Guided Meditation (AR)</p> <p>10:30 Book Club (LB)</p> <p>2:00 Birchmount Choir (ML)</p> 	<p>Apple Pie Day 13</p> <p>9:30 Exercises and Fall Prevention (ML)</p> <p>10:30 Jeopardy (ML)</p> <p>2:10 Bingo (AR)</p> <p>3:30 Baking Apple Pies with Sharon (AR)</p> 	<p>14</p> <p>9:30 Exercises and Fall Prevention (ML)</p> <p>10:30 Tai Chi (AR)</p> <p>**50/50 Sales**</p> <p>2:00 Shooting Hoops (ML)</p> <p>3:30 Butterfly Journaling (Café)</p> 	<p>Caesar Day 15</p> <p>9:30 Exercises and Fall Prevention (ML)</p> <p>10:30 Chair Yoga</p> <p>1:30 Knitting Club (ML)</p> <p>2:30 Anglican Church Service (AR)</p> <p>3:30 Euchre (LB)</p> <p>3:30 Caesar Happy Hour (ML)</p>	<p>16</p> <p>9:30 Exercises and Fall Prevention (ML)</p> <p>10:30 Drum Circle with Paddy (ML)</p> <p>2:30 Musical Performances by Bruce Tournay (ML)</p>	<p>17</p> <p>9:45 Seated Dance Exercise (AR)</p> <p>10:30 Current Events with Murray (LB)</p> <p>2:10 Bingo (AR)</p> <p>2:30 Resident Play Rehearsal (LB)</p> <p>3:00 Blue Jays Game (ML)</p> <p><small>Armed Forces Day</small></p>
<p>18</p> <p>10:00 TFP Church Service (AR) (All denominations welcomed)</p> <p>11:15 Exercises (ML)</p> <p>2:15 Resident Play: The Big Win! (ML)</p> 	<p>19</p> <p>9:45 Fitness Fun and Guided Meditation (AR)</p> <p>10:30 Cranium Crunches (LB)</p> <p>12:30 Birthday BBQ Party with Tony Puglisi (BY)</p> <p>3:00 Card Games with Alisha ((ML)</p> <p><small>Victoria Day (Canada)</small></p>	<p>Garden Days 20</p> <p>9:30 Exercises and Fall Prevention (ML)</p> <p>10:30 Where in the World (ML)</p> <p>2:10 Bingo (AR)</p> <p>3;15 Sing Along with Karen on the Piano (ML)</p>	<p>Tea Day 21</p> <p>9:30 Exercises and Fall Prevention (ML)</p> <p>10:30 Tai Chi (AR)</p> <p>1:30 Knitting Club (ML)</p> <p>2:30 Art & Tea: Painting Class with Denise (ML)</p> 	<p>Garden Days 22</p> <p>9:30 Exercises and Fall Prevention (ML)</p> <p>10:30 Chair Yoga</p> <p>2:30 Gardening in the Backyard (BY)</p> 	<p>Garden Days 23</p> <p>9:30 Exercises and Fall Prevention (ML)</p> <p>10:30 Line Dancing (Seated) (ML)</p> <p>2:30 5th Floor Wine and Cheese (AR)</p> <p>6:30 K&D Melodees (ML)</p>	<p>Asparagus Day 24</p> <p>9:45 Seated Dance Exercise (AR)</p> <p>10:30 Washer Toss (ML)</p> <p>2:10 Bingo (AR)</p>
<p>25</p> <p>10:00 TFP Church Service (AR) (All denominations welcomed)</p> <p>11:15 Exercises (ML)</p> <p>2:15 Adele Stories (LB)</p>	<p>26</p> <p>9:45 Fitness Fun and Guided Meditation (AR)</p> <p>10:30 Book Club</p> <p>2:30 Sing for Wellness with Kathy(ML)</p> <p><small>Memorial Day</small></p>	<p>27</p> <p>9:30 Exercises and Fall Prevention (ML)</p> <p>10:30 Fact or Foolery (ML)</p> <p>2:10 Bingo (AR)</p> <p>2:30 Walking Club: Cedarbrae Park</p> 	<p>Sunshine Day 28</p> <p>9:30 Exercises and Fall Prevention (ML)</p> <p>10:30 Sunshine Stretches</p> <p>2:30 Happy Hour: Citrus Sunshine Punch</p> <p>3:30 Butterfly Journaling (Café)</p> <p>7:00 Sunshine Singers (ML)</p>	<p>29</p> <p>9:30 Exercises and Fall Prevention (ML)</p> <p>10:30 Chair Yoga</p> <p>1:30 Food for thought (PDR)</p> <p>1:30 Knitting Club (ML)</p> <p>2:30 Family Feud (ML)</p> 	<p>30</p> <p>9:30 Exercises and Fall Prevention (ML)</p> <p>10:30 Chair Pilates (AR)</p> <p>3:30 Movie Matinee: The Blind Side (AR)</p> 	<p>Macaroon Day 31</p> <p>9:45 Seated Dance Exercise (AR)</p> <p>10:30 Current Events with Murray (LB)</p> <p>2:10 Bingo (AR)</p>

ALL ACTIVITIES ARE SUBJECT TO CHANGE DUE TO UNFORESEEN CIRCUMSTANCES.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="display: flex; justify-content: space-between;"> <div style="text-align: center;">  </div> <div style="text-align: center;"> <h1>May 2025</h1> </div> <div style="text-align: center;">  </div> </div>						
1	2	3	4	5	6	7
Morning: Exercises and Fall Prevention Busy Hands: Sorting Library Visits Afternoon: Do You Hear What I Hear? Spring Sounds <small>May Day</small>	Happy Birthday 104th Salwa! Morning: Exercises and Fall Prevention Busy Hands: Sensory Sand Café Visits Afternoon: Salwa Birthday Celebration Polish and Pamper	Morning: Gentle Chair Yoga Café Chats Afternoon: Backyard Stroll Washer Toss Sing-a-long with Suzy Q	Morning: Exercises and Fall Prevention Library Visits Afternoon: Picture BINGO Movie Matinee	Morning: Morning Move and Groove Busy Hands: Fidget Boards Café Visits Afternoon: Categories Game Cinco De Mayo Party <small>Cinco de Mayo</small>	Morning: Exercises and Fall Prevention Busy Hands: Molding Clay Library Visits Afternoon: Drawer Detective Spring Concert by Scarborough Village Singers (ML)	Morning: Exercises and Fall Prevention Busy Hands: Fabric Collages Butterfly Visits Afternoon: Music Circle with Paddy Community Coloring Mosaic
8	9	10	11	12	13	14
Morning: Exercises and Fall Prevention Busy Hands: Matching Library Visits Afternoon: Shooting Hoops Categories Game	Morning: Exercises and Fall Prevention Busy Hands: Folding Café Visits Afternoon: Polish and Pamper Sing Along with Karen on the Piano	Morning: Gentle Chair Yoga Café Chats Afternoon: Backyard Stroll Washer Toss Sing-a-long with Suzy Q	Morning: Exercises and Fall Prevention Library Visits Afternoon: Mother's Day Social Movie Matinee <small>Mother's Day National Skilled Nursing Care Week</small>	Morning: Morning Move and Groove Busy Hands: Matching Café Visits Afternoon: Phrase Frenzy 2:00 Birchmount Choir (ML)	Morning: Exercises and Fall Prevention Busy Hands: Busy Boards Library Visits Afternoon: Drawer Detective Tabletop Games	Morning: Exercises and Fall Prevention Busy Hands: Sensory Sand Butterfly Visits Afternoon: Music Circle with Paddy Community Coloring Mosaic
15	16	17	18	19	20	21
Morning: Exercises and Fall Prevention Busy Hands: Word Searches Library Visits Afternoon: Tabletop Bowling Word Scramble	Morning: Exercises and Fall Prevention Busy Hands: Sorting Café Visits Afternoon: Interactive Snakes and Ladders Polish and Pamper	Morning: Gentle Chair Yoga Café Chats Afternoon: Backyard Stroll Washer Toss Sing-a-long with Suzy Q <small>Armed Forces Day</small>	Morning: Exercises and Fall Prevention Library Visits Afternoon: Picture BINGO Movie Matinee	Morning: Morning Move and Groove Busy Hands: Sensory Sand Café Visits Afternoon: 12:30 Birthday BBQ Party with Tony Puglisi Where in the World <small>Victoria Day (Canada)</small>	Morning: Exercises and Fall Prevention Busy Hands: Fabric Collages Library Visits Afternoon: Balloon Volleyball Where Am I? Guess the Mystery Place	Happy Birthday Hazel! Morning: Exercises and Fall Prevention Busy Hands: Matching Butterfly Visits Afternoon: Hazel Birthday Celebration Sing Along with Karen on the Piano
22	23	24	25	26	27	28
Morning: Exercises and Fall Prevention Busy Hands: Molding Clay Library Visits Afternoon: Ribbon Dancing Memory Moves Board game	Morning: Exercises and Fall Prevention Busy Hands: Folding Café Visits Afternoon: Balloon Baseball Polish and Pamper	Morning: Gentle Chair Yoga Café Chats Afternoon: Backyard Stroll Washer Toss Sing-a-long with Suzy Q	Morning: Exercises and Fall Prevention Library Visits Afternoon: Picture BINGO Movie Matinee	Morning: Morning Move and Groove Busy Hands: Sensory Sand Café Visits Afternoon: Phase Frenzy Sing for Wellness with Kathy (AR) <small>Memorial Day</small>	Morning: Exercises and Fall Prevention Busy Hands: Fidget Quilts Library Visits Afternoon: Music Circle with Paddy Categories Game	Sunshine Morning: Exercises and Fall Prevention Busy Hands: Matching Butterfly Visits Afternoon: Sunshine Painting Shooting Hoops 7:00 Sunshine Singer (ML)
29	30	31				
Morning: Exercises and Fall Prevention Busy Hands: Fabric Collages Library Visits Afternoon: Drawer Detective Balloon Badminton	Morning: Exercises and Fall Prevention Busy Hands: Sorting Café Visits Afternoon: Martial Arts Class with Imran (ML) Polish and Pamper	Morning: Gentle Chair Yoga Café Chats Afternoon: Backyard Stroll Washer Toss Sing-a-long with Suzy Q				