

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>9:45 You Be The Judge (LB) 1</p> <p>11:15 Exercises and Fall Prevention (ML)</p> <p>2:30 Mini Golf (BY)</p> 	<p>9:45 Seated Dance Exercises (AR) 2</p> <p>**Mix&Match Vendor** 11:00-4:00pm</p> <p>10:30 RC Church Service (AR)</p> <p>2:10 Bingo (AR)</p>	<p>9:30 Exercises and Fall Prevention (ML) 3</p> <p>10:30 Gentle Tai Chi (AR)</p> <p>2:30 Card Games with Alisha (AR)</p> 	<p>9:45 Fitness Fun and Meditation (AR) 4</p> <p>10:45 Resident Council Meeting (BR)</p> <p>2:00 Town Hall Meeting (ML)</p> <p>3:30 Butterfly Journaling (CF)</p>	<p>9:30 Exercises and Fall Prevention (ML) 5</p> <p>10:30 Drum Circle with Paddy (ML)</p> <p>2:30 Gardening in the Backyard (BY)</p> 	<p>10:00 Current Events with Ron (LB) 6</p> <p>11:15 Exercise and Fall Prevention (ML)</p> <p>2:10 Bingo (AR)</p> <p>3:00 Blue Jays Game (ML)</p>
<p>10:00 TFP Church Service (AR)(All denominations welcome) 7</p> <p>11:15 Exercises and Fall Prevention (ML)</p> <p>1:30 Blue Jays Game (ML)</p> <p>2:30 Movie Matinee: A Dog's Purpose (2017) (AR)</p>	<p>9:45 Jeopardy (ML) 8</p> <p>11:15 Exercises and Fall Prevention (ML)</p> <p>2:00 Martial Arts Class with Imran (ML)</p> 	<p>9:45 Seated Dance Exercises (AR) 9</p> <p>10:30 Name that Tune (ML)</p> <p>2:10 Bingo (AR)</p> <p>3:15 Sing along with Karen on the Piano (ML)</p>	<p>9:30 Exercises and Fall Prevention (ML) 10</p> <p>10:30 Gentle Tai Chi (AR)</p> <p>12:30 Birthday Party BBQ Rudy and Ester (BY)</p> 	<p>9:45 Fitness Fun and Meditation (AR) 11</p> <p>10:30 Chair Yoga (AR)</p> <p>1:30 Knitting Club (ML)</p> <p>2:30 Frozen Treats: Ice Pops (ML)</p> <p>3:30 Butterfly Journaling (CF)</p>	<p>9:30 Exercises and Fall Prevention (ML) 12</p> <p>9:45 Bird Watching and Discussion (BY)</p> <p>2:30 5rd Floor Wine and Cheese (AR)</p> <p>7:30 Blue Jays vs Yankees Game (ML)</p>	<p>10:00 Washer Toss (AR) 13</p> <p>11:15 Exercise and Fall Prevention (ML)</p> <p>2:10 Bingo (AR)</p> <p>3:00 Blue Jays vs Yankees Game (ML)</p>
<p>10:00 TFP Church Service (AR)(All denominations welcome) 14</p> <p>11:15 Exercises and Fall Prevention (ML)</p> <p>1:30 Blue Jays vs Yankees Game (ML)</p> <p>2:10 Adele's Stories (LB)</p> <p>Flag Day (U.S.)</p>	<p>9:45 Vinyl Listening (LB) 15</p> <p>11:15 Exercises and Fall Prevention (ML)</p> <p>**1:30-3:30 Hearing Clinic (BR)**</p> <p>2:30 Watermelon Social (BY)</p> 	<p>9:45 Seated Dance Exercises (AR) 16</p> <p>10:30 Trivia and Tea Social (CF)</p> <p>2:10 Bingo (AR)</p> 	<p>9:30 Exercises and Fall Prevention (ML) 17</p> <p>10:30 Gentle Tai Chi (AR)</p> <p>**50/50 Sales**</p> <p>2:30 Father's Day Social (ML)</p> 	<p>9:45 Fitness Fun and Meditation (AR) 18</p> <p>10:30 Chair Yoga (AR)</p> <p>1:30 Knitting Club (ML)</p> <p>2:30 Anglican Church Service (AR)</p> <p>3:30 Butterfly Journaling (CF)</p>	<p>9:30 Exercises and Fall Prevention (ML) 19</p> <p>10:30 Drum Circle with Paddy (ML)</p> <p>2PM - 4PM Petting Zoo (PL)</p>  <p>Juneteenth</p>	<p>10:30 SCFC Church Service (AR) 20</p> <p>11:15 Exercise and Fall Prevention (ML)</p> <p>2:10 Bingo (AR)</p>
<p>Father's Day 21</p> <p>10:00 TFP Church Service (AR)(All denominations welcome)</p> <p>11:15 Exercises and Fall Prevention (ML)</p> <p>2:15 Blue Jays Game (ML)</p> <p>2:30 Movie Matinee : The Rookie (2002) (AR)</p> <p>Father's Day Summer Begins</p>	<p>9:45 Where in the World (ML) 22</p> <p>11:15 Exercises and Fall Prevention (ML)</p> <p>2:30 Sing for Wellness with Kathy (AR)</p>	<p>9:45 Seated Dance Exercises (AR) 23</p> <p>10:30 Bird Watching and Discussion (BY)</p> <p>2:10 Bingo (AR)</p> 	<p>9:30 Exercises and Fall Prevention (ML) 24</p> <p>10:30 Gentle Tai Chi (AR)</p> <p>2:30 Music Concert with Scarborough Philharmonic Orchestra (ML)</p>	<p>9:45 Fitness Fun and Meditation (AR) 25</p> <p>10:30 Chair Yoga (AR)</p> <p>1:30 Food For Thought (PDR)</p> <p>2:30 Painting Class with Denise (AR)</p> <p>6:45 Men's Night: Blue Jays Game (ML)</p>	<p>9:30 Exercises and Fall Prevention (ML) 26</p> <p>10:30 Cranium Crunches (AR)</p> <p>2:30 Sing-along with Frank Wittmann (ML)</p> 	<p>10:00 Current Events with Ron (LB) 27</p> <p>11:15 Exercise and Fall Prevention (ML)</p> <p>2:10 Bingo (AR)</p>
<p>10:00 TFP Church Service (AR)(All denominations welcome) 28</p> <p>11:15 Exercises and Fall Prevention (ML)</p> <p>2:10 Adele's Stories (LB)</p>	<p>9:45 You Be The Judge (LB) 29</p> <p>**Podiatry Services 10:00-3:00pm**</p> <p>11:15 Exercises and Fall Prevention (ML)</p> <p>2:10 Bingo (AR)</p> 	<p>9:45 Seated Dance Exercises (AR) 30</p> <p>10:30 What am I? Guess the Mystery Item (ML)</p> <p>2:30 Strawberry Festival (BY)</p> 	 <p>JUNE 2026 LOCATIONS</p> <p>AR- Activity Room ML-Main Lounge LB- Library BY - Backyard DR- Dining Room CF-Café BR-Boardroom PDR- Private Dining Room PL – Parking Lot</p>			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Morning: Exercise and Fall Prevention Busy Hands: Matching Library/Garden/Café Visits Afternoon: Happy Birthday June! Short Story Reading	2 Morning: Exercise and Fall Prevention Busy Hands: Sorting RC Church Service (10:30AM in AR) Afternoon: Animal Planet Starlight Serenity	3 Morning: Exercise and Fall Prevention Busy Hands: Sensory Boards Library/Garden/Café Visits Afternoon: Colouring Mosaic Phrase Frenzy	4 Morning: Exercise and Fall Prevention Busy Hands: Pet Therapy Butterfly Journaling (CF) Afternoon: Music Circle with Paddy (1:30PM) Heart to Heart moment	5 Morning: Exercise and Fall Prevention Busy Hands: Puzzles Drum Circle with Paddy at (10:30AM in ML) Afternoon: Planting Activity Polish and Pamper	6 Morning: Exercise and Fall Prevention Busy Hands: Sensory Boards Library/Garden/Café Visits Afternoon: Balloon Badminton Sing Along to Suzie Q
7 Morning: Exercise and Fall Prevention Busy Hands: Puzzles Library/Garden/Café Visits Afternoon: Trivia Movie Matinee	8 Morning: Exercise and Fall Prevention Busy Hands: Word Search Library/Garden/Café Visits Afternoon: Short Story Reading Martial Arts Class with Imran (2PM in ML)	9 Morning: Exercise and Fall Prevention Busy Hands: Matching Library/Garden/Café Visits Afternoon: Heart to Heart moment Sing along with Karen on the Piano (3:15PM in ML)	10 Morning: Exercise and Fall Prevention Busy Hands: Colouring Library/Garden/Café Visits Afternoon: Sing Along with Karen (2:30PM) Phrase Frenzy	11 Morning: Exercise and Fall Prevention Busy Hands: Trivia Butterfly Journaling (CF) Afternoon: Starlight Serenity Balloon Badminton	12 Morning: Exercise and Fall Prevention Busy Hands: Word search Library/Garden/Café Visits Afternoon: Arts and Crafts Polish and Pamper	13 Morning: Exercise and Fall Prevention Busy Hands: Matching Library/Garden/Café Visits Afternoon: Ring Toss Sing Along to Suzie Q
14 Morning: Exercise and Fall Prevention Busy Hands: Puzzles Library/Garden/Café Visits Afternoon: Trivia Movie Matinee <small>Flag Day (U.S.)</small>	15 Morning: Exercise and Fall Prevention Busy Hands: Pet therapy Library/Garden/Café Visits **Hearing Clinic 1:30pm – 3:30pm (BR)** Afternoon Whack a mole Cup Pong	16 Morning: Exercise and Fall Prevention Busy Hands: Word scramble Library/Garden/Café Visits Afternoon: Snakes and Ladders Rainbow Balance	17 Morning: Exercise and Fall Prevention Busy Hands: Busy boards Library/Garden/Café Visits Afternoon Rainbow Balance Comedy Hour: Golden Girls	18 Morning: Exercise and Fall Prevention Busy Hands: Sort and Fold Butterfly Journaling (CF) Afternoon: Balloon Badminton Anglican Church Service (2:30PM in AR)	19 Exercise and Fall Prevention Busy Hands: Trivia Drum Circle with Paddy at (10:30AM in ML) Afternoon: Happy Birthday John.G! 2PM - 4PM Petting Zoo (PL) <small>Juneteenth</small>	20 Morning: Exercise and Fall Prevention Busy Hands: Puzzles Library/Garden/Café Visits Afternoon: Happy Birthday Gordan! Balloon Badminton
Father's Day 21 Morning: Exercise and Fall Prevention Busy Hands: Puzzles Library/Garden/Café Visits Afternoon: Trivia Movie Matinee <small>Father's Day Summer Begins</small>	22 Morning: Exercise and Fall Prevention Busy Hands: Pet Therapy Library/Garden/Café Visits Afternoon: Animal Planet Sing for Wellness with Kathy (2:30PM in AR)	23 Morning: Exercise and Fall Prevention Busy Hands: Trivia Library/Garden/Café Visits Afternoon Happy Birthday David! Phrase Frenzy	24 Morning: Exercise and Fall Prevention Busy Hands: Word search Library/Garden/Café Visits Afternoon: Music Concert with Scarborough Philharmonic Orchestra (2:30PM in ML)	25 Morning: Exercise and Fall Prevention Busy Hands: Busy boards Butterfly Journaling (CF) Afternoon Happy Birthday John.L! Music Circle with Paddy (1:30PM)	26 Exercise and Fall Prevention Busy Hands: Colouring Library/Garden/Café Visits Afternoon: Polish and Pamper Sing-along with Frank Wittmann (2:30PM in ML)	27 Morning: Exercise and Fall Prevention Busy Hands: Sort and Fold Library/Garden/Café Visits Afternoon: Ring Toss Sing Along to Suzie Q
28 Morning: Exercise and Fall Prevention Busy Hands: Puzzles Library/Garden/Café Visits Afternoon: Trivia Movie Matinee	29 Morning: Exercise and Fall Prevention Busy Hands: Sensory *Podiatry Services 10:00-3:00pm* Afternoon: Phrase Frenzy Washer Toss	30 Morning: Exercise and Fall Prevention Busy Hands: Busy Boards Library/Garden/Café Visits Afternoon: Happy Birthday Jean.F! Heart to Heart moment	 <h1>June 2026</h1> <p>Locations: AR – Activity Room ML- Main Lobby LB – Library CF - Cafe DR – Dining Room BY – Backyard PL – Parking Lot</p>			