

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2026

						10:00 Washer Toss (AR) 11:15 Exercise and Fall Prevention (ML) 2:10 Bingo (ML) 3:00 <i>Blue Jays vs Cardinal (ML)</i>
2 10:00 TFP Church Service (AR)(All denominations welcome) 11:15 Exercises and Fall Prevention (ML) 2:30 Movie Matinee: TBD	3 10:00 Where in the World (ML) 11:15 Exercise and Fall Prevention (ML) 2:30 Shooting Hoops (ML) 	4 9:45 Seated Dance Exercise (AR) 10:30 RC Church Service (AR) 2:10 Bingo (AR) 	5 9:30 Exercises and Fall Prevention (ML) 10:30 Name that Tune (ML) 2:30 Taste of the Caribbean (ML) 	6 9:45 Chair Yoga and Meditation (AR) 10:45 Resident Council (BR) 2:00 Town Hall Meeting (ML) 	7 9:30 Exercises and Fall Prevention (ML) 10:30 Drum Circle with Paddy (ML) 2:30 Gin and Tonics in the Garden (BY)	8 10:00 Current Events with Ron (LB) 11:15 Exercise and Fall Prevention (ML) 2:10 Bingo (ML) 4:00 <i>Blue Jays vs Phillies (ML)</i>
9 10:00 TFP Church Service (AR)(All denominations welcome) 11:15 Exercises and Fall Prevention (ML) 2:10 Adele's Stories and Theater Practice (LB)	10 10:00 Riddle Me This (ML) 11:15 Exercise and Fall Prevention (ML) 2:00 Martial Arts Class with Imran (ML) **Foot Care Clinic**	11 9:45 Seated Dance Exercise (AR) 10:30 You be the Judge (ML) 2:10 Bingo (ML) 3:15 Sing-along with Karen (ML)	12 9:30 Exercises and Fall Prevention (ML) 10:30 Finish the Lyric (ML) 2:30 Wild West BBQ (BY) 	13 9:45 Gentle Tai Chi (AR) 10:30 Who am I? History Edition 1:30 Knitting Club (ML) 1:30 pm- 3:30 pm Farmers Market (PL)	14 9:30 Exercises and Fall Prevention (ML) 10:30 Nature Club: Birds of Ontario (BY) 2:30 Family Feud (ML) 	15 10:00 Washer Toss (AR) 11:15 Exercise and Fall Prevention (ML) 2:10 Bingo (ML) 3:00 <i>Blue Jays vs Yankees (ML)</i>
16 10:00 TFP Church Service (AR)(All denominations welcome) 11:15 Exercises and Fall Prevention (ML) 2:30 Movie Matinee: TBD	17 Eye Clinic 9:30am - 3:00pm 10:00 Jeopardy (ML) 11:15 Exercise and Fall Prevention (ML) 2:30 4th Wine and Cheese 	18 9:45 Seated Dance Exercise (AR) 10:30 This or That (ML) 2:30 Scarborough Philharmonic Orchestra (ML)	19 9:30 Exercises and Fall Prevention (ML) 10:30 Song Association Game (ML) 2:10 Bingo (AR) 	20 9:45 Chair Yoga and Meditation (AR) 10:30 Guess the Mystery Item (ML) 1:30 Knitting Club (ML) 2:30 Anglican Church (AR)	21 9:30 Exercises and Fall Prevention (ML) 10:30 History Club: History of Canada's Flag (LB) 2:30 Picnic at Cedarbrook Park (ML)	22 10:00 Current Events with Ron (LB) 11:15 Exercise and Fall Prevention (ML) 2:10 Bingo (ML) 1:30 <i>Blue Jays vs Yankees (ML)</i>
23 10:00 TFP Church Service (AR)(All denominations welcome) 11:15 Exercises and Fall Prevention (ML) 2:10 Adele's Stories and Theater Practice (LB)	24 10:00 Fact or Foolery (ML) 11:15 Exercise and Fall Prevention (ML) 2:10 Bingo (AR) 6:30 Men's Movie Night(ML) 	25 9:45 Seated Dance Exercise (AR) 10:30 Would You Believe it? (AR) 2:10 Worldwide Culinary Cruise (ML) 	26 9:30 Exercises and Fall Prevention (ML) 10:30 Name that Tune (ML) 12:30 BBQ Birthday Party with Lorenzo Cooper 2:30 Tabletop Curling (AR)	27 10:30 Gentle Tai Chi (AR) 10:30 Who am I? Hollywood Edition 1:30 Knitting Club (ML) 2:30 Painting Class with Denise (AR)	28 Tharuni's Last Day 9:30 Exercises and Fall Prevention (ML) 10:30 Nature Club (BY) Hearing Clinic 1:30-3:30 (BR) 2:30 Retro Soda Shop (ML) 	29 10:00 Washer Toss (AR) 11:15 Exercise and Fall Prevention (ML) 2:10 Bingo (ML) 3:00 <i>Blue Jays vs Mariners (ML)</i>
30 10:00 TFP Church Service (AR)(All denominations welcome) 11:15 Exercises and Fall Prevention (ML) 2:30 Movie Matinee: TBD	31 10:00 Cranium Crunches (ML) 11:15 Exercise and Fall Prevention (ML) 2:30 Sing for Wellness with Kathy (AR)	ML- Main Lobby LB- Library CF- Café PDR- Private Dining Room BY- Backyard PL- Parking Lot				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026 2nd Floor Calendar 						Morning: Morning Move and Groove Busy Hands Activities Afternoon: Sing Along to Suzie Q Picture Bingo
Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Garden Party Movie Matinee	Morning: Morning Move and Groove Busy Hands Activities Afternoon: Group Tabletop Games Word Scramble	Morning: Morning Move and Groove Busy Hands Activities Afternoon: Finish the Phase Games Bean Bag Toss	Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Guess the Sound Game Taste of the Caribbean (ML)	Morning: Morning Move and Groove Busy Hands Activities Afternoon: Picture Trivia Drum Circle with Paddy	Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Polish and Pamper Balloon Volleyball	Morning: Morning Move and Groove Busy Hands Activities Afternoon: Sing Along to Suzie Q Corn hole Toss
Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Garden Party Movie Matinee	Morning: Morning Move and Groove Busy Hands Activities Afternoon: Martial Arts Class with Imran (ML) Music Memories	Morning: Morning Move and Groove Busy Hands Activities Afternoon: Balloon Volleyball Guess the Object (touch bag)	Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Wild West BBQ Sing-along with Karen	Morning: Morning Move and Groove Busy Hands Activities Afternoon: Picture Bingo Ring Toss	Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Polish and Pamper Balloon Badminton	Morning: Morning Move and Groove Busy Hands Activities Afternoon: Sing Along to Suzie Q Finish the Lyric
Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Garden Party Movie Matinee	Morning: Morning Move and Groove Busy Hands Activities Afternoon: Picture Trivia Shooting Hoops	Morning: Morning Move and Groove Busy Hands Activities Afternoon: Finish the Phase Games Balloon Badminton	Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Group Tabletop Games Guess the Sound Game	Morning: Morning Move and Groove Busy Hands Activities Afternoon: Word Scramble Anglican Service (ML)	Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Bean Bag Toss Polish and Pamper	Morning: Morning Move and Groove Busy Hands Activities Afternoon: Sing Along to Suzie Q Picture Bingo
Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Garden Party Movie Matinee	Morning: Morning Move and Groove Busy Hands Activities Afternoon: Sing for Wellness with Kathy (AR)	Morning: Morning Move and Groove Busy Hands Activities Afternoon: Worldwide Cruise Day (ML) Ring Toss	Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Name that Tune Picture Bingo	Morning: Morning Move and Groove Busy Hands Activities Afternoon: Finish the Phrase Balloon Badminton	Happy Birthday Alan! Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Polish and Pamper Retro Soda Shop (ML)	Morning: Morning Move and Groove Busy Hands Activities Afternoon: Sing Along to Suzie Q Shooting Hoops
Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Garden Party Movie Matinee	Morning: Morning Move and Groove Busy Hands Activities Afternoon: Picture Bingo Music Memories	Happy Birthday Alan Mason - 28th 				