

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ML- Main Lobby LB- Library CF- Café PDR- Private Dining Room BY- Backyard PL- Parking Lot		1 9:45 Seated Dance Exercise (AR) 10:30 RC Church Service (AR) 2:10 Bingo (AR) 	2 Dolly Day 9:30 Exercises and Fall Prevention (ML) 10:30 Dolly Parton Trivia and Sing-a-longs (ML) 2:30 Movie Matinee: 9 to 5 (1980) 	3 9:45 Chair Yoga and Meditation (AR) 10:45 Resident Council (BR) 2:00 Town Hall Meeting (ML) 	4 9:30 Exercises and Fall Prevention (ML) 10:30 History Club: Canadian Inventions (LB) 2:30 Family Feud (ML) 	5 10:00 Current Events with Ron (LB) 11:15 Exercise and Fall Prevention (ML) 2:10 Bingo (AR)
6 10:00 TFP Church Service (AR)(All denominations welcome) 11:15 Exercises and Fall Prevention (ML) 2:10 Adele's Stories and Theater Practice	7 10:00 Fact or Foolery (ML) 11:15 Exercise and Fall Prevention (ML) 2:30 5th Floor Wine and Cheese (AR)  Labor Day	8 9:45 Seated Dance Exercise (AR) 10:30 You be the Judge (LB) 2:10 Bingo (AR) 3:15 Sing-along with Karen (ML)	9 9:30 Exercises and Fall Prevention (ML) 10:30 Finish the Lyric (ML) 1:30-3:30 Fall Farmers Market (PL) 	10 9:45 Gentle Tai Chi (AR) 10:30 Play Rehearsal (LB) 1:30 Knitting Club (ML) 2:30 Corn Roast (BY) 	11 9:30 Exercises and Fall Prevention (ML) 10:30 Drum Circle with Paddy (ML) 2:30 Fall Nature Walk and Picnic (Meet in ML) Rosh Hashanah Begins	12 10:00 Washer Toss (AR) 11:15 Exercise and Fall Prevention (ML) 2:10 Grandparent Bingo (AR) 
13 10:00 TFP Church Service (AR)(All denominations welcome) 11:15 Exercises and Fall Prevention (ML) 2:30 Resident Play; MYSTERY IN SCARBERRIA Grandparents Day	14 10:00 Riddle Me This (ML) 11:15 Exercise and Fall Prevention (ML) 2:00 Martial Arts Class with Imran (ML) 	15 9:45 Seated Dance Exercise (AR) 10:30 Would You Believe it? (ML) 2:10 Bingo (AR) **Mix and match Vendor**	16 9:30 Exercises and Fall Prevention (ML) 10:30 Song Association Game (ML) 2:30 Baking Fall Cookies (AR) 	17 9:45 Chair Yoga and Meditation (AR) 10:30 Guess the Mystery Item (ML) 1:30 Knitting Club (ML) Bake Sale 2:00- 3:30 (ML) 2:30 Anglican Church (AR)	18 9:30 Exercises and Fall Prevention (ML) 10:30 History Club: Back to School Then and Now (LB) 2:30 September Birthday Party with Carla Gonzalez (ML) Oktoberfest Begins	19 10:30 SCFC Church Service (AR) 11:15 Exercise and Fall Prevention (ML) 2:10 Bingo (AR)
20 10:00 TFP Church Service (AR)(All denominations welcome) 11:15 Exercises and Fall Prevention (ML) 2:10 Adele's Stories and Theater Practice You know, Paddy	21 10:00 Jeopardy (ML) 11:15 Exercise and Fall Prevention (ML) 2:30 Bowling (ML) 	22 9:45 Seated Dance Exercise (AR) 10:30 This or That (ML) 2:10 Hello Fall Bingo (AR)  Autumn Begins	23 9:30 Exercises and Fall Prevention (ML) 10:30 Drum Circle with Paddy (ML) 1:30- 3:30 Fall Farmers Market (PL)	24 9:45 Gentle Tai Chi (AR) 10:30 Who am I? Canadian Edition 1:30 Knitting Club (ML) 1:30 Food for Thought (PDR) 2:30 Painting Class with Denise (AR)	25 9:30 Exercises and Fall Prevention (ML) 10:30 Nature Club: Fall Foliage (BY) 2:30 Playing Cards with Alisha 5:30 Sparklette Oktoberfest Dinner Show Sukra Begins	26 10:00 Current Events with Ron (LB) 11:15 Exercise and Fall Prevention (ML) 2:10 Bingo (AR)
27 10:00 TFP Church Service (AR)(All denominations welcome) 11:15 Exercises and Fall Prevention (ML) 2:30 Movie Matinee: TBD	28 10:00 Book Club (LB) 11:15 Exercise and Fall Prevention (ML) 2:30 Sing for Wellness with Kathy (AR) **Foot Care Clinic**	29 9:45 Seated Dance Exercise (AR) 10:30 You be the Judge (LB) 2:10 Bingo (AR) 	30 9:30 Exercises and Fall Prevention (ML) 10:30 Finish the Lyric (ML) 2:30 Fall Door Décor Crafting (ML) 	September 2026		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Gary- 9th Chirtra-18th Linda -19th	1 Morning: Morning Move and Groove Busy Hands Activities Afternoon: Finish the Phase Games Bean Bag Toss	2 Dolly Day Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Dolly Parton Singalongs Movie Matinee: 9 to 5 (1980)	3 Morning: Morning Move and Groove Busy Hands Activities Afternoon: Picture Trivia Tabletop Curling	4 Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Polish and Pamper Balloon Volleyball	5 Morning: Morning Move and Groove Busy Hands Activities Afternoon: Sing Along to Suzie Q Picture Bingo	
	6 Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Garden Party Movie Matinee Resident Play (ML)	**Foot Care Clinic** 7 Morning: Morning Move and Groove Busy Hands Activities Afternoon: Back to School Memory Box Word Scramble Labor Day	8 Morning: Morning Move and Groove Busy Hands Activities Afternoon: Balloon Volleyball Guess the Object	9 Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Wild West BBQ Sing-along with Karen	10 Morning: Morning Move and Groove Busy Hands Activities Afternoon: Picture Bingo Drum Circle with Paddy	11 Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Polish and Pamper Balloon Badminton Rosh Hashanah Begins	12 Morning: Morning Move and Groove Busy Hands Activities Afternoon: Sing Along to Suzie Q Picture Bingo
	13 Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Garden Party Movie Matinee Grandparents Day	14 Morning: Morning Move and Groove Busy Hands Activities Afternoon: Music Memories Group Tabletop Games	15 Morning: Morning Move and Groove Busy Hands Activities Afternoon: Finish the Phase Games Backyard Chats; School Days	16 Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Group Tabletop Games Guess the Sound Game	17 Morning: Morning Move and Groove Busy Hands Activities Afternoon: Word Scramble Anglican Service (ML)	18 Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Bean Bag Toss Polish and Pamper	19 Morning: Morning Move and Groove Busy Hands Activities Afternoon: Sing Along to Suzie Q Picture Bingo Oktoberfest Begins
	20 Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Garden Party Movie Matinee Yom Kippur Begins	21 Morning: Morning Move and Groove Busy Hands Activities Afternoon: Martial Arts Class with Imran (ML)	22 Morning: Morning Move and Groove Busy Hands Activities Afternoon: Ring Toss Drum Circle with Paddy Autumn Begins	23 Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Name that Tune Picture Bingo	24 Morning: Morning Move and Groove Busy Hands Activities Afternoon: Finish the Phrase Balloon Badminton	25 Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Polish and Pamper Fall Harvest Backyard Chats Sukkot Begins	26 Morning: Morning Move and Groove Busy Hands Activities Afternoon: Sing Along to Suzie Q Picture Bingo
27 Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Garden Party Movie Matinee	28 Morning: Morning Move and Groove Busy Hands Activities Afternoon: Sing for Wellness with Kathy (AR)	29 Morning: Morning Move and Groove Busy Hands Activities Afternoon: Finish the Phase Games Bean Bag Toss	30 Morning: Exercise and Fall Prevention Busy Hands Activities Afternoon: Guess the Sound Game Finish the Phrase				