November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 TFP Church Service (AR)(All denominations welcome) 11:15 Exercises and Fall Prevention (ML) **2:30 Movie Matinee: Maudie (2016) (ML)** Daylight Saving Time Ends	**2** 10:00 Cranium Crunches (ML) 11:15 Exercise and Fall Prevention (ML) **2:30 Bowling (ML)** 3:45 Tabletop & Board Games: Drop- In (AR)	**3** 9:45 Seated Dance Exercise (AR) **10:30 RC Church Service (AR)** ***10 am -3:30 pm Mix & Match Vendor**** 2:10 Bingo (AR)	**4** 9:30 Exercise and Fall Prevention (ML) 10:30 Finish the Lyric (AR) **2:30 Wreath Making (ML)** 3:45 Café Time: Coffee & Chat: Drop- In (CF)	**5** 9:45 Chair Yoga and Meditation (AR) 10:45 Resident Council (BR) **2:00 Town Hall Meeting (ML)** 3:45 Chess Desk: Drop- In (AR)	**6** 9:30 Exercise and Fall Prevention (ML) 10:30 History Club: History of Televisions (ML) **2:30 Hits of the Blitz Show by Sparklettes Duo (ML)** 3:45 Library Browse & Quiet Read (LB)	**7** **10:30 EmpowART Craft Workshop: November! (AR)** 11:15 Exercise and Fall Prevention (ML) 2:10 Bingo (AR) 3:45 One on One Room Visits
8 10:00 TFP Church Service (AR)(All denominations welcome) 11:15 Exercises and Fall Prevention (ML) **2:30 Movie Matinee: TBD (ML)** Diwali (Hindi)	**9** **10:00 Book Club with Sharon (LB)** 11:15 Exercise and Fall Prevention (ML) ***10 am -3:30 pm Vendor**** **2:00 Martial Arts Class with Imran (ML)**	**10** 9:45 Seated Dance Exercise (AR) 10:30 You be the Judge (LB) 2:10 Bingo (AR) **3:15 Sing-along with Karen (ML)**	**11** **10:30 Remembrance Day Service (ML)** **2:30 History Club: Remembering our Veterans (LB)** Veterans Day Remembrance Day (Canada)	**12** 9:45 Wellness Workout (ML) ***Charity Sewing Day**** ***10:00 am – 4:00pm (AR)*** **1:00 – 4:00 Travelling Boutique (ML)** 1:30 Knitting Club (ML) **2:30 Quilt Display (ML)**	**13** 9:30 Exercise and Fall Prevention (ML) **10:30 Drum Circle with Paddy (ML)** **2:30 Diwali Celebration (ML)** **6:30 K & D Melodee's (ML)** *World Kindness Day*	**14** 10:30 Fact or Foolery (LB) 11:15 Exercise and Fall Prevention (ML) 2:10 Bingo (AR) 3:45 One on One Room Visits
15 10:00 TFP Church Service (AR)(All denominations welcome) 11:15 Exercises and Fall Prevention (ML) **2:30 Movie Matinee: TBD (ML)**	**16** 10:00 Jeopardy: November (ML) 11:15 Exercise and Fall Prevention (ML) **2:30 Price is Right (ML)** 3:45 Puzzle Corner: Drop- In Jigsaw (AR)	**17** 9:45 Seated Dance Exercise (AR) **10:30 Fraud Prevention Presentation by Toronto Police (ML)** 2:10 Bingo (AR) 3:45 Crafty Corner: Drop- In Crafts (AR)	**18** 9:30 Exercise and Fall Prevention (ML) ***10 am-12 pm 50/50 sales**** 10:30 Song Association Game (ML) **2:30 3D Paper Snowflake Making Workshop (ML)**	**19** 9:45 Gentle Tai Chi (AR) 10:30 Who am I? Famous Men Edition (ML) 1:30 Knitting Club (ML) **2:30 Anglican Church (AR)** **6:30 Men's Night: Kings vs Leafs (ML)** *International Men's Day*	**20** 9:30 Exercise and Fall Prevention (ML) 10:30 Nature Club: Fauna in Fall (ML) **2:30 November Birthday Party with Jay Franco (ML)**	**21** **10:30 SCFC Church Service (AR)** 11:15 Exercise and Fall Prevention (ML) 2:10 Bingo (AR) 3:45 One on One Room Visits
22 10:00 TFP Church Service (AR)(All denominations welcome) 11:15 Exercises and Fall Prevention (ML) **2:30 Movie Matinee: TBD (ML)**	**23** **10:00 Book Club with Sharon (LB)** 11:15 Exercise and Fall Prevention (ML) **2:30 4th floor Wine and Cheese (*by the 4th floor elevators*)**	**24** 9:45 Seated Dance Exercise (AR) 10:30 Current Events with Ron (LB) 2:10 Bingo (AR) **3: 45 Hot Sauce Contest & Chill Cookout (ML)**	**25** 9:30 Exercise and Fall Prevention (ML) 10:30 Name That Tune (ML) **2:00 VR Travelogue: All around the World! (AR)** **Register in the reception!** 3:45 Crafty Corner: Drop- In Crafts (AR)	**26** 9:45 Chair Yoga and Meditation (AR) 10:30 1:30 Knitting Club (ML) 1:30 Food for Thought (PDR) **2:30 Christmas Carol by Scarborough Village Singers (ML)** Thanksgiving Day (U.S)	**27** 9:30 Exercise and Fall Prevention (ML) ***Christmas Bazaar**** ***10:00 am – 3:00pm*** 2:30 Card Games with Alisha (AR) 4:00 Library Browse & Quiet Read (LB)	**28** 10:30 Washer Toss (AR) 11:15 Exercise and Fall Prevention (ML) 2:10 Bingo (AR) 3:45 One on One Room Visits
29 10:00 TFP Church Service (AR)(All denominations welcome) 11:15 Exercises and Fall Prevention (ML) **2:30 Movie Matinee: TBD (ML)** *Square Dancing Day*	**30** 10:00 Riddle Me This (ML) 11:15 Exercise and Fall Prevention (ML) **2:30 Sing for Wellness with Kathy (AR)** 3:45 Tabletop & Board Games: Drop- In (AR)					

ML- Main Lobby / LB- Library / CF- Café / PDR- Private Dining Room / BY- Backyard / PL- Parking Lot

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Morning:** Exercise and Fall Prevention Busy Hands Activities **Afternoon:** Library Visits: Story time Movie Matinee Daylight Saving Time Ends	**2** **Morning:** Morning Move and Groove Busy Hands Activities **Afternoon:** Guess the Sound Game Reading Club Manicure Monday	**3** **Morning:** Morning Move and Groove **RC Church Service** **Afternoon:** **Michael's Birthday Party** **Happy Birthday, Michael Palma!**	**4** **Morning:** Morning Move and Groove Busy Hands Activities **Afternoon:** Shooting Hoops **Remembrance Day Wreath Making**	**5** **Morning:** Morning Move and Groove Busy Hands Activities **Afternoon:** Finish the Phrase Games: Fall Edition Bean Bag Toss	**6** Exercise and Fall Prevention Busy Hands Activities **Afternoon:** **2:30 Hits of the Blitz Show by Sparklettes Duo (ML)** Balloon Volleyball	**7** **Morning:** Morning Move and Groove **EmpowART Craft Workshop** **Afternoon:** **Gayle's Birthday Party** **Happy Birthday, Gayle Gibson!**
8 **Morning:** Exercise and Fall Prevention Busy Hands Activities **Afternoon:** Nature Walk Movie Matinee Diwali (Hindi)	**9** **Morning:** Morning Move and Groove Busy Hands Activities **Afternoon:** **Martial Arts with Imran** **Frances's Birthday Party** **Happy Birthday, Frances Schaper!**	**10** **Morning:** Morning Move and Groove Busy Hands Activities **Afternoon:** **Karen on the Piano (ML)** Tabletop Crafts	**11** **Morning:** **Remembrance Day Service** **Afternoon:** **Remembrance Day: Sing Along with Karen on the Piano** Veterans Day Remembrance Day (Canada)	**12** **Morning:** Morning Move and Groove Busy Hands Activities **Afternoon:** **Travelling Boutique & Quilt Display (ML)** Bean Bag Toss	**13** **Morning:** Morning Move and Groove Busy Hands Activities **Drum Circle with Paddy (ML)** **Afternoon:** **Diwali Celebration (ML)** Music Therapy	**14** **Morning:** Morning Move and Groove Busy Hands Activities **Afternoon:** Sing Along to Suzie Q One on One Room Visits
15 **Morning:** Exercise and Fall Prevention Busy Hands Activities **Afternoon:** **Norma's Birthday Party** **Happy Birthday, Norma Dawson!**	**16** **Morning:** Morning Move and Groove Busy Hands Activities **Afternoon:** Reading Club: Chicken Soup for the Soul Manicure Monday	**17** **Morning:** Morning Move and Groove Busy Hands Activities **Afternoon:** Memory Moves: Memory Board and Dice Ring Toss	**18** **Morning:** Morning Move and Groove Busy Hands Activities **Afternoon:** Guess the Animal: Trivia Game **Paper Snowflake Making Workshop**	**19** **Morning:** Morning Move and Groove Busy Hands Activities **Drum Circle with Paddy** **Afternoon:** **Anglican Church Service** Puzzles and Jigsaws	**20** **Morning:** Morning Move and Groove Busy Hands Activities **Afternoon:** **November Birthday Party with Jay Franco (ML)** Café Visits: Tea Talks	**21** **Morning:** Morning Move and Groove Busy Hands Activities **Afternoon:** Sing Along to Suzie Q Picture Bingo: Birthdays!
22 **Morning:** Exercise and Fall Prevention Busy Hands Activities **Afternoon:** **Rima's Birthday Party** **Happy Birthday, Rima Yacoub!**	**23** **Morning:** Morning Move and Groove Busy Hands Activities **Afternoon:** Bean Bag Toss Tabletop Games	**24** **Morning:** Morning Move and Groove Busy Hands Activities **Afternoon:** Picture Bingo: Vegetables Shooting Hoops	**25** **Morning:** Morning Move and Groove Busy Hands Activities **Afternoon:** **Virtual Reality Travelogue: All around the World! (AR)** Memory Moves	**26** **Morning:** Morning Move and Groove **Afternoon:** **Christmas Carols (ML)** **Elizabeth's Birthday Party** **Happy Birthday, Elizabeth Calderwood!** Thanksgiving Day (U.S)	**27** **Morning:** Morning Move and Groove Busy Hands Activities **Afternoon:** **Christmas Bazaar (ML)** Tabletop Games: Bowling and Curling	**28** **Morning:** Morning Move and Groove Busy Hands Activities **Afternoon:** Sing Along to Suzie Q One on One Room Visits
29 **Morning:** Exercise and Fall Prevention Busy Hands Activities **Afternoon:** Backyard Stroll Movie Matinee	**30** **Morning:** Morning Move and Groove Busy Hands Activities **Afternoon:** **Sing for Wellness with Kathy (AR)** Manicure Monday					

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